

ROLLING HILLS COMMUNITY SERVICES REGION



FY21 ANNUAL REPORT

Geographic Area: Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Sac, Ida and Woodbury Counties

Report prepared by Dawn Mentzer, Chief Executive Officer

Due to the Iowa Department of Human Services: December 1, 2021

Approved by RHCS Advisory Board: November 22, 2021

Approved by RHCS Governing Board: November 24, 2021

SUBMITTED
11/24/21

Table of Contents

A. Services Provided and Individuals Served.....	3
Table A. Number of Individuals Served for Each Service by Diagnostic Category.....	3
Table B. Unduplicated Count of Individuals by Age and Diagnostic Category	5
B. Regionally Designated Intensive Mental Health Services	5
C. Financials	6
Table C. Expenditures.....	6
Table D. Revenues	9
Table E. County Levies.....	11
D. Status of Service Development in FY2021	11
E. Outcomes/Regional Accomplishments in FY2021	11

Introduction

Rolling Hills Community Services (RHCS) provides coordination and financial support for mental health and disability services to individuals located in the eight-county geographical area including Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Ida, Sac Woodbury counties. During FY'21, Humboldt and Pocahontas Counties applied to become members of the Rolling Hills Region and this became effective on July 1, 2021.

In compliance with IAC 441-25, the RHCS Management Plan includes three parts: Annual Service and Budget Plan, Policies and Procedures Manual and the Annual Report.

RHCS Management and Annual Services and Budget Plans are available on the RHCS Website www.bvcountyiowa.com and the DHS Website at <http://dhs.iowa.gov>. The Annual Report is due to the Department of Human Services by December 1, 2021. The FY2021 Annual Report covers the period of July 1, 2020 to June 30, 2021.

This Annual Report will reflect the seventh official year of regionalization and the efforts of multiple entities and partners that have joined together to develop services that aim to serve individuals within integrated community-based settings. This report contains information on the availability of core services, additional core services, and the efforts and plans for expansion of services. Also reported are the statistical reports of individuals funded, expenditures, revenues and levy information. In the final section, information will be provided regarding the successful outcomes of our Regional Strategic Plan.

The RHCS Governance Board Members for FY'21 are listed as follows:

Paul Merten - Governance Board Chairman and Buena Vista County Supervisor

Brent Wilhelm - Governance Board Vice Chairman and Sac County Supervisor

Scott Jacobs – Calhoun County Supervisor

Rich Ruggles – Carroll County Supervisor

Jean Heiden – Crawford County Supervisor

Wane Miller - Cherokee County Supervisor

Creston Schubert – Ida County Supervisor

Rocky DeWitt – Woodbury County Supervisor

Jamaine Wamburg – Parent Representative of a child utilizing services

Joleen Schmit – Parent Representative of an adult utilizing services

Joan Hansen – Prairie Lakes AEA

Kim Keleher –Adult Provider Representative

Brittany Krause – Children Provider Representative

A. Services Provided and Individuals Served

This section includes:

- The number of individuals in each diagnostic category funded for each service
- Unduplicated count of individuals funded by age and diagnostic category
- Regionally designated Intensive Mental Health Services

Table A. Number of Individuals Served for Each Service by Diagnostic Category

FY 2021 Actual GAAP	Rolling Hills Community Services MHDS Region	MI (40)		ID(42)		DD(43)		BI (47)		Other		Total
		A	C	A	C	A	C	A	C	A	C	
Core												
	Treatment											
42306	Psychotherapeutic Treatment - Medication Prescribing	1										1
43301	Evaluation (Non Crisis) - Assessment and Evaluation	1										1
71319	State MHI Inpatient - Per diem charges	22										22
	Basic Crisis Response											
44301	Crisis Evaluation	277	133									410
44302	23 Hour Observation and Holding	60										60
44307	Mobile Response	1										1
44313	Crisis Stabilization Residential Service (CSRS)	101	1									102
	Support for Community Living											
32329	Support Services - Supported Community Living	8		3		3						14
	Support For Employment											
50367	Day Habilitation	2		1		1						4
50368	Voc/Day - Individual Supported Employment	26		18		2						46
	Recovery Services											
45366	Peer Family Support - Peer Support Services	1										1
	Service Coordination											
	Sub-Acute Services											
	Core Evidence Based Treatment											
42398	Assertive Community Treatment (ACT)	1										1
	Core Subtotals:	501	134	22		6						663
Mandated												
74XXX	CommitmentRelated (except 301)	472	28									500
75XXX	Mental health advocate	775	2									777
	Mandated Subtotals:	1247	30									1277

Core Plus												
	Justice System Involved Services											
25XXX	Coordination services	109										109
44346	Crisis Services - Telephone Crisis Service	1										1
46305	Mental Health Services in Jails	26										26
	Additional Core Evidence Based Treatment											
42366	Psychotherapeutic Treatment - Social Support Services	97	1									98
	Core Plus Subtotals:	233	1									234
Other Informational Services												
04429	Planning and Management Consultants (Non-Client Related)	1										1
05373	Public Education Services	1										1
	Other Informational Services Subtotals:	2										2
Community Living Support Services												
22XXX	Services management	461	12									473
23XXX	Crisis Care Coordination	1										1
31XXX	Transportation	1		2		1						4
32327	Support Services - Representative Payee	296	6	2								304
33340	Basic Needs - Rent Payments	2										2
33399	Basic Needs - Other	1										1
42310	Psychotherapeutic Treatment - Transitional Living Program	55										55
42396	Psychotherapeutic Treatment - Community Support Programs	6										6
42399	Psychotherapeutic Treatment - Other	11	85	25								121
63329	Comm Based Settings (1-5 Bed) - Supported Community Living			1								1
	Community Living Support Services Subtotals:	834	103	30		1						968
Congregate Services												
64XXX	RCF-6 and over beds	12										12
	Congregate Services Subtotals:	12										12
Administration												
11XXX	Direct Administration									1		1
	Administration Subtotals:									1		1
Uncategorized												
Regional Totals:		2821	268	49		7				1		3157

Table B. Unduplicated Count of Individuals by Age and Diagnostic Category

Disability Group	Children	Adult	Unduplicated Total	DG
Mental Illness	251	1805	2056	40
Mental Illness, Intellectual Disabilities	0	38	38	40, 42
Mental Illness, Intellectual Disabilities, Other Developmental Disabilities	0	1	1	40, 42, 43
Mental Illness, Other Developmental Disabilities	0	3	3	40, 43
Intellectual Disabilities	0	11	11	42
Total	251	1859	2110	99

B. Regionally Designated Intensive Mental Health Services

The region has designated the following provider(s) as an **Access Center** which has met the following requirements:

- Immediate intake assessment and screening that includes but is not limited to mental and physical conditions, suicide risk, brain injury, and substance use.
- Comprehensive person-centered mental health assessments by appropriately licensed or credentialed professionals.
- Comprehensive person-centered substance use disorder assessments by appropriately licensed or credentialed professional.
- Peer support services.
- Mental health treatment.
- Substance abuse treatment.
- Physical health services.
- Care coordination.
- Service navigation and linkage to needed services.

<u>Date Designated</u>	<u>Access Center</u>
	Anticipating Siouxland Mental Health Center (Physical location) in Woodbury County but region has to make sure all requirements met before the actual designation.

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been evaluated for program fidelity, including a peer review as required by subrule 25.6(2), and documentation of each team's most recent fidelity score.

<u>Date Designated</u>	<u>ACT Teams</u>	<u>Fidelity Score</u>
June 2017	Seasons Center for Behavioral Health - Spencer, IA	In progress
May 2020	Plains Area Mental Health Center	To be completed in Fiscal Year 2022

--	--	--

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Date Designated	Subacute
	Anticipating Siouxland Mental Health Center (Physical location) in Woodbury County but region has to make sure all requirements met before the actual designation.

The region has designated the following **Intensive Residential Service** providers which meet the following requirements:

- Enrolled as an HCBS 1915(i) habilitation or an HCBS 1915(c) intellectual disability waiver supported community living provider.
- Provide staffing 24 hours a day, 7 days a week, 365 days a year.
- Maintain staffing ratio of one staff to every two and on-half residents.
- Ensure that all staff have the minimum qualifications required.
- Provider coordination with the individual's clinical mental health and physical health treatment, and other services and support.
- Provide clinical oversight by a mental health professional
- Have a written cooperative agreement with an outpatient provider.
- Be licensed as a substance abuse treatment program or have a written cooperative agreement.
- Accept and service eligible individuals who are court-ordered.
- Provide services to eligible individuals on a no reject, no eject basis.
- Serve no more than five individuals at a site.
- Be located in a neighborhood setting to maximize community integration and natural supports.
- Demonstrate specialization in serving individuals with an SPMI or multi-occurring conditions and serve individuals with similar conditions in the same site.

August 2021	Trivium in Woodbury County has fulfilled most of the requirements for IRSH designation and has contracts in place with both MCO's.
-------------	--

C. Financials

Table C. Expenditures

FY 2021 Accrual	XXXX MHDS Region	MI (40)	ID(42)	DD(43)	Admin (44)	Total
Core Domains						
COA	Treatment					
42305	Mental health outpatient therapy					
42306	Medication prescribing & management	\$ 944,778				\$ 944,778
43301	Assessment & evaluation	\$ 287,450				\$ 287,450
71319	Mental health inpatient therapy-MHI	\$ 25,000				\$ 25,000
73319	Mental health inpatient therapy	\$ 89,777				\$ 89,777
	Crisis Services					
32322	Personal emergency response system					
44301	Crisis evaluation	\$ 345,240				\$ 345,240

44302	23 hour crisis observation & holding	\$ 110,342				\$ 110,342
44305	24 hour access to crisis response					\$ -
44307	Mobile response	\$ 266,262				\$ 266,262
44312	Crisis Stabilization community-based services					\$ -
44313	Crisis Stabilization residential services	\$ 1,337,151				\$ 1,337,151
44396	Access Centers: start-up / sustainability					\$ -
	Support for Community Living					
32320	Home health aide					\$ -
32325	Respite					\$ -
32328	Home & vehicle modifications					\$ -
32329	Supported community living	\$ 539,229	\$ 10,156	\$ 6,904		\$ 556,289
42329	Intensive residential services					\$ -
	Support for Employment					
50362	Prevocational services					\$ -
50364	Job development					\$ -
50367	Day habilitation	\$ 121,143	\$ 5,637	\$ 17,800		\$ 144,580
50368	Supported employment	\$ 20,356	\$ 29,795	\$ 10,499		\$ 60,650
50369	Group Supported employment-enclave					\$ -
	Recovery Services					
45323	Family support	\$ 1,119				\$ 1,119
45366	Peer support	\$ 7,000				\$ 7,000
	Service Coordination					
21375	Case management					\$ -
24376	Health homes					\$ -
	Sub-Acute Services					
63309	Subacute services-1-5 beds					\$ -
64309	Subacute services-6 and over beds					\$ -
	Core Evidenced Based Treatment					
04422	Education & Training Services - provider competency					\$ -
32396	Supported housing					\$ -
42398	Assertive community treatment (ACT)	\$ 234,856				\$ 234,856
45373	Family psychoeducation					\$ -
	Core Domains Total	\$ 4,329,703	\$ 45,588	\$ 35,203	\$ -	\$ 4,410,494
	Mandated Services					
46319	Oakdale					\$ -
72319	State resource centers					\$ -
74XXX	Commitment related (except 301)	\$ 143,284				\$ 143,284
75XXX	Mental health advocate	\$ 219,450				\$ 219,450
	Mandated Services Total	\$ 362,734	\$ -	\$ -		\$ 362,734
	Additional Core Domains					
	Justice system-involved services					
25xxx	Coordination services	\$ 238,191				\$ 238,191
44346	24 hour crisis line**	\$ 420,830				\$ 420,830

44366	Warm line**					\$ -
46305	Mental health services in jails	\$ 8,733				\$ 8,733
46399	Justice system-involved services-other					\$ -
46422	Crisis prevention training					\$ -
46425	Mental health court related costs					\$ -
74301	Civil commitment prescreening evaluation					\$ -
	Additional Core Evidenced based treatment					
42366	Peer self-help drop-in centers	\$ 322,131				\$ 322,131
42397	Psychiatric rehabilitation (IPR)					\$ -
	Additional Core Domains Total	\$ 989,886	\$ -	\$ -		\$ 989,886
Other Informational Services						
03371	Information & referral					\$
04372	Planning and/or Consultation (client related)	\$ 16,580				\$ 16,580
04377	Provider Incentive Payment					
04399	Consultation Other					
04429	Planning and Management Consultants (non-client related)	\$ 12,500				\$ 12,500
05373	Public education	\$ 173,415				\$ 173,415
	Other Informational Services Total	\$ 202,495	\$ -	\$ -		\$ 202,495
Community Living Supports						
06399	Academic services					\$ -
22XXX	Services management	\$ 419,352				\$ 419,352
23376	Crisis care coordination	\$ 55,000				\$ 55,000
23399	Crisis care coordination other					\$ -
24399	Health home other					\$ -
31XXX	Transportation	\$ 525	\$ 295	\$ 3,735		\$ 4,555
32321	Chore services					\$ -
32326	Guardian/conservator					\$ -
32327	Representative payee	\$ 29,495	\$ 127			\$ 29,622
32335	CDAC					\$ -
32399	Other support					\$ -
33330	Mobile meals					\$ -
33340	Rent payments (time limited)	\$ 710				\$ 710
33345	Ongoing rent subsidy					\$ -
33399	Other basic needs	\$ 496				\$ 496
41305	Physiological outpatient treatment					\$ -
41306	Prescription meds					\$ -
41307	In-home nursing					\$ -
41308	Health supplies					\$ -
41399	Other physiological treatment					\$ -
42309	Partial hospitalization					\$ -

42310	Transitional living program	\$ 621,058				\$ 621,058
42363	Day treatment					\$ -
42396	Community support programs	\$ 5,792				\$ 5,792
42399	Other psychotherapeutic treatment	\$ 259,302	\$120,094			\$ 379,396
43399	Other non-crisis evaluation					\$ -
44304	Emergency care					\$ -
44399	Other crisis services					\$ -
45399	Other family & peer support					\$ -
46306	Psychiatric medications in jail					\$ -
50361	Vocational skills training					\$ -
50365	Supported education					\$ -
50399	Other vocational & day services					\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)					\$ -
63XXX	ICF 1-5 beds (63317 & 63318)					\$ -
63329	SCL 1-5 beds					\$ -
63399	Other 1-5 beds		\$ 18			\$ 18
	Community Living Supports	\$ 1,391,729	\$ 120,534	\$ 3,735		\$ 1,515,998
	Other Congregate Services					
50360	Work services (work activity/sheltered work)					\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 143,351				\$ 143,351
64XXX	ICF 6 and over beds (64317 & 64318)					\$ -
64329	SCL 6 and over beds					\$ -
64399	Other 6 and over beds					\$ -
	Other Congregate Services Total	\$ 143,351	\$ -	\$ -		\$ 143,351
	Administration					
11XXX	Direct Administration				249,650	\$ 249,650
12XXX	Purchased Administration				10,499	\$ 10,499
	Administration Total				\$ 260,148	\$ 260,148
	Regional Totals	\$ 7,419,898	\$ 166,122	\$ 38,938	\$ -	\$7,885,106
	(45XX-XXX)County Provided Case Management					\$ -
	(46XX-XXX)County Provided Services					\$ -
	Regional Grand Total					\$ 7,885,106

13951	\$ 7,102,990
14951	\$ 887,003

Table D. Revenues

FY 2021 Accrual	XXXX MHDS Region		
Revenues			
	FY20 Annual Report Ending Fund Balance		\$2,689,812
	Adjustment to 6/30/20 Fund Balance		
	Audited Ending Fund Balance as of 6/30/20 (Beginning FY21)		\$4,021,917
	Local/Regional Funds		\$ 7,087,686
10XX	Property Tax Levied	\$6,471,713	
12XX	Other County Taxes	\$8,532	
16XX	Utility Tax Replacement Excise Taxes	\$396,816	
25XX	Other Governmental Revenues	\$ 20,415	
4XXX-5XXX	Charges for Services	-	
5310	Client Fees	-	
60XX	Interest	\$20,415	
6XXX	Use of Money & Property	-	
8XXX	Miscellaneous	\$190,210	
9040	Other Budgetary Funds (Polk Only)	-	
		-	
	State Funds		\$ 501,264
21XX	State Tax Credits	\$344,588	
22XX	Other State Replacement Credits	\$156,756	
2250	MHDS Equalization	-	
24XX	State/Federal pass thru Revenue	-	
2644	MHDS Allowed Growth // State Gen. Funds	-	
29XX	Payment in Lieu of taxes	-	
		-	
	Federal Funds		\$ 1,714,719.62
2344	Social services block grant	-	
2345	Medicaid	-	
2347	CARES Act	\$1,714,719.62	
	Other	-	
	Total Revenues		\$ 9,303,670

Total Funds Available for FY21	\$13,325,587
FY21 Actual Regional Expenditures	\$7,885,106
Accrual Fund Balance as of 6/30/21	\$5,440,481

Table E. County Levies

County	2018 Est. Pop.	Regional Per Capita	FY21 Max Levy	FY21 Actual Levy	Actual Levy Per Capita
Buena Vista	19,874	42.79	\$850,408	\$703,761	35.41
Calhoun	9,699	42.79	\$415,020	\$350,000	36.08

Carroll	20,154	42.79	\$862,390	\$686,328	34.05
Cherokee	11,321	42.79	\$484,426	\$407,566	36.00
Crawford	17,158	42.79	\$734,191	\$593,367	34.58
Ida	6,841	42.79	\$292,726	\$246,888	36.09
Sac	9,719	42.79	\$415,876	\$312,424	32.15
Woodbury	102,539	42.79	\$4,387,644	\$3,861,799	37.66
Total Rolling Hills Region	197305		\$8,442,681	\$7,162,133	36.30

D. Status of Service Development in FY2021

The Rolling Hills Region Advisory Board held eleven meetings during FY'21 to identify strategies for development of the remainder of the core crisis services needed to come into compliance with IAC Chapter 25. The services that were discussed are the Access Center, Subacute Services, Community Based Crisis Stabilization and Intensive Residential Service Homes. As a result of these meetings, Trivium based out of Sioux City started planning the development of an IRSH home in Sioux City. They have policies and procedures developed and proper licensure in place but are currently waiting on direction from Iowa Medicaid Enterprise and the MCO's as to how to align the element of choice with the HCBS rules. Once this is determined, they are confident that they will have an IRSH home established by Spring of 2022.

An Access Center Subcommittee was designated in the fall of 2020 which provided for a more focused group regarding the steps needed to develop this crisis service. Siouxland Mental Health Center was interested in making some changes to the existing Crisis Observation and Assessment Center to fulfill this need. The Sioux Rivers board chose to sell the property therefore, the Rolling Hills Regional Board purchased the property so as to not jeopardize it's future. Currently, the Assessment Center offers nine Crisis Stabilization Residential Beds and five Crisis Observation chairs. The Rolling Hills Board approved a remodel of the facility and will be adding a separate wing to the building to provide Subacute Services during FY'22.

All core crisis services have been met for our Children's System however, the Children's Advisory Committee continues to meet on a regular basis to collaborate as a larger group and to enhance and strengthen our providers as a whole. The Advisory Committee met on seven occasions during FY'21. One of the larger initiatives identified by the group was a need for a Region wide resource connection that led to a complete redesign of the Region's website to make the information more readily available and the website easy to navigate for families.

E. Outcomes/Regional Accomplishments in FY2021

This section of the Annual Report contains multiple outcomes that have been achieved in alignment with our Region's vision and core service requirements.

Many stakeholders across the region have attended multiple meetings, focus groups and advisory meetings during year six to move our region in the direction of community-based service provision and development of additional services. Mobile Crisis was implemented in November of 2019 with more statistics to follow later in this report. Implementation of IRSH will be contingent on availability of funding and qualified staff to deliver high quality services. Trivium has initiated the development of this service in the Sioux City area and anticipate that this will be implemented within the next six months. We are also in the process of Access Center development within the Siouxland Mental Health Crisis Center and a building remodel project is underway to add Subacute Services to the location. We have continued the process of collaborating with neighboring regions to identify priority services and make decisions based on provider and individual input as well as assessment of our region's needs.

STEPPING STONES TRANSITIONAL SERVICES

Transitional Report information as submitted by Wesco to follow.

Admission Data:

Stepping Stones admitted 26 individuals during the fiscal year 2020-21. At the end of the fiscal year, 7 individuals remained in the program.

Discharge Data:

From the 26 individuals admitted in the fiscal year, 19 were discharged from the Stepping Stones program.

14 of the 19 individuals were discharged successfully. Of the 14 that were successful, nine individuals continued with Wesco services including seven that went into residential homes with Wesco. Three individuals who discharged successfully went to live with family with employment and mental health services set up in the towns in which they reside. One individual went into a residential facility in the Des Moines area. Four individuals moved into their own apartments.

Of the 19 individuals who discharged from Stepping Stones in the fiscal year 2020-21, five individuals were discharged unsuccessfully. All individuals discharged without the recommendation of Stepping Stones as they had no employment, no services in place and no steady housing. Of the five who discharged unsuccessfully, one individual was discharged due to testing positive for THC after a weekend home visit.

Discharge information:

Continued with Wesco Services: 9

Family with employment and services set up (outside of Wesco): 3

Higher Level of Care-Residential services: 1

Moved to their own apartments: 4

5 Unsuccessful, with no employment, housing, or services in place upon their discharge

Referrals:

In the fiscal year 2020-21, Stepping Stones received 57 referrals. The top five referral sources are as follows:

Regional Coordinators, St. Anthony's Hospital-Carroll, St. Luke's Unity Point, Plains Area Mental Health, Mercy One-Sioux City. The graph below represents these statistics:

Regional Coordinators: 6

St Anthony's Hospital-Carroll: 4

St Luke's Unity Point: 3

Plains Area Mental Health Center: 3

Mercy One- Sioux City: 2

Bed Days:

Over the last 5 years, Stepping Stones has provided combined bed days of 9,287 days. The breakdown is as follows:

2017: 1890

2018: 2221

2019: 2006

2020: 2306

2021 (so far): 864

Stepping Stones Fiscal Year 2020-2021 Updates:

There have been many changes to the Stepping Stones program in the fiscal year 2020-2021 with many successes to celebrate. We have been able to assist in the progression of several individuals including those with needs and services pertaining to homelessness, mental health, substance abuse and life skills.

Due to serving an individual with Dissociative Identity Disorder, staff at Stepping Stones were provided with two trainings to learn how to better serve an individual with a DID diagnosis.

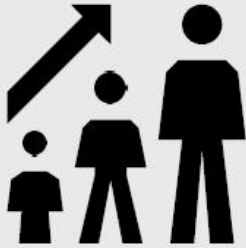
An Army veteran came to Stepping Stones after completing substance abuse treatment at a different facility. He came to Stepping Stones to begin to rebuild relationships with his wife and children before returning to his civilian life as a sober, employed husband and father.

Several individuals have come into Stepping Stones from hospitals in order to receive assistance with medication management and mental health services.

An individual came to Stepping Stones from jail due to his substance abuse. That individual also had severe mental health issues and had been mostly unmedicated prior to coming to Stepping Stones. Since arriving at Stepping Stones, he has maintained his physical and mental health. He is awaiting an opening in Wesco's residential services and will continue to receive services at Wesco. He has stated that Stepping Stones and Wesco are his "family" and that he "loves it here".

These are just a few examples of individuals who have found success and the growth that has been made in the Stepping Stones Program. We are celebrating our 5 year Anniversary this year and more positive changes are coming in the future!

STATISTICS



OVER THE PAST YEAR

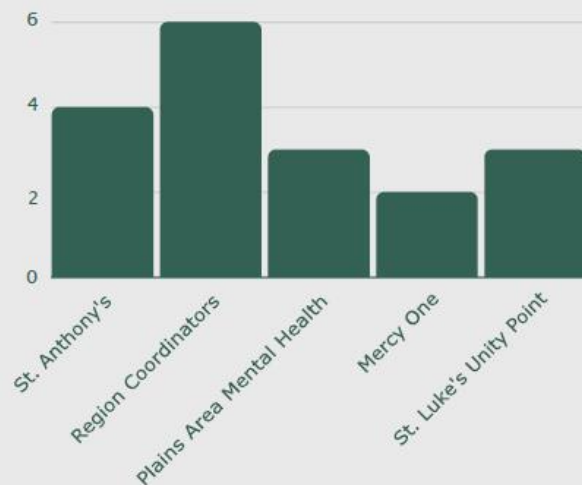
Stepping Stones admitted 26 individuals during the fiscal year 2020-21. At the end of the fiscal year, 7 individuals remained in the program.

27%

Remain

TOP REFERRALS

Regional Coordinators: 6
St Anthony's Hospital-Carroll: 4
St Luke's Unity Point: 3
Plains Area Mental Health: 3
Mercy One- Sioux City: 2



57

Referrals

26

Admissions

78%

Discharge Success
Rate

Per Bed Availability and Admission Criteria



ANNUAL NUMBER OF BED DAYS

FY'16-17 FY'17-18 FY'18-19 FY'19-20 FY'20-21



1,890 BED
DAYS

2,221 BED
DAYS

2,006 BED
DAYS

2,306 BED
DAYS

864 BED
DAYS

9,287 Total Bed Days

DISCHARGE STATUS



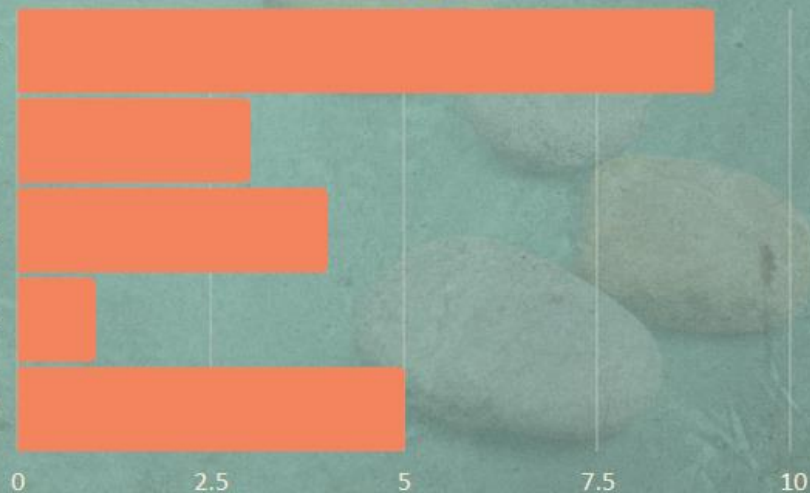
Continued WESCO Services

With Family-No Services

Apartment With Services

Higher Level of Care

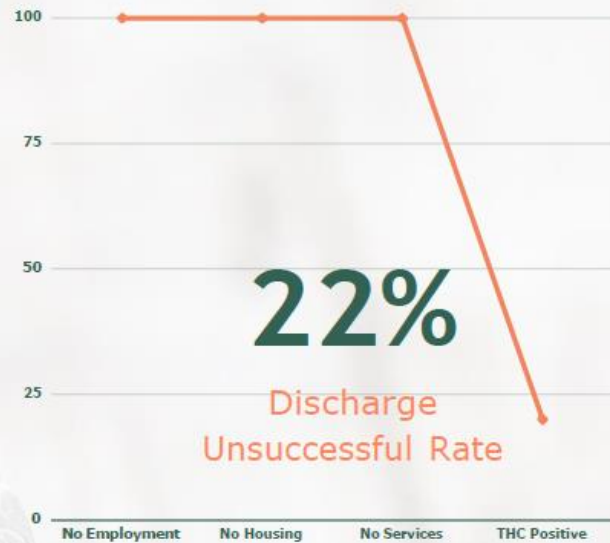
Unsuccessful



Discharge Data

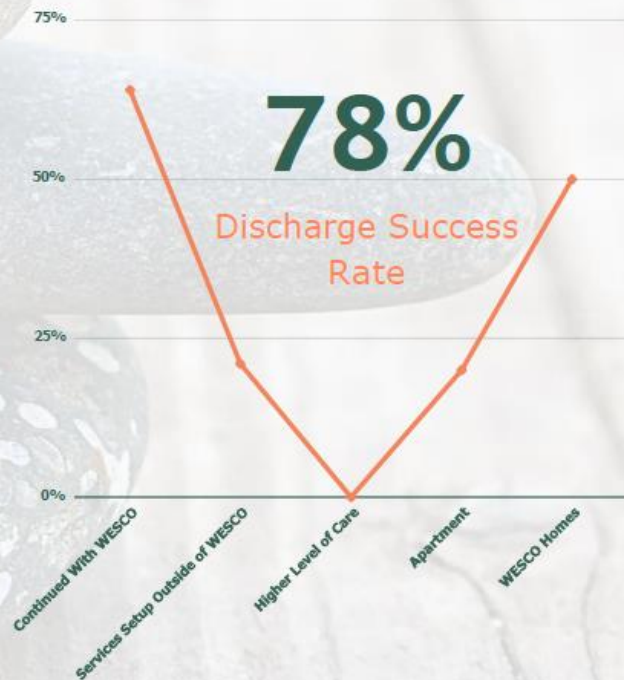
UNSUCCESSFUL DISCHARGES

Of the 19 individuals who discharged from Stepping Stones in the fiscal year 2020-21, 5 individuals were discharged unsuccessfully. All individuals were discharged without the recommendation of Stepping Stones as they had no employment, no services in place and no steady housing. Of the 5 who discharged unsuccessfully, 1 individual was discharged due to testing positive for THC after a weekend home visit.



SUCCESSFUL DISCHARGES

14 of the 19 individuals were discharged successfully; 9 individuals continued with Wesco services including 7 that went into residential homes with Wesco. 3 individuals who discharged successfully went to live with family with employment and mental health services set up in the towns in which they reside. 1 individual went into a residential facility in the Des Moines area. 4 individuals moved into their own apartments.



MEDICATION MANAGEMENT/CONSULTATION PUBLIC EDUCATION SERVICES

Plains Area Mental Health Center provides services to residents of the Rolling Hills Region under a block grant for Crisis Services, Medication Management, Consultation and Public Education.

The block grant for Medication Management was billed on a Fee For Service basis up to \$80,000 for FY'21 and a summary of services provided is listed in the following chart:

COUNTY	NUMBER OF SERVICES	UNDUPLICATED PATIENTS SERVED
Buena Vista	674	221
Calhoun	181	60
Carroll	794	204
Cherokee	1137	308
Crawford	707	193
Ida	436	113
Sac	336	91
Woodbury	447	100
TOTAL:	4712	1290

The block grant for Consultation/Public Education was \$92,000 for FY'2 and a summary of services provided is listed in the following chart:

Educational Presentations to business, agencies and general public	22
Therapeutic consultations with Family Member/Friend of an individual with mental health needs	995
Outside Agency Consultations	457

The block grant for Emergency Services provided by staff and Foundation II and a summary of services provided is listed below:

Buena Vista: 19

Calhoun: 3

Carroll: 16

Cherokee: 8

Crawford: 31

Ida: 6

Sac: 4

Woodbury: 10

TOTAL: 97

Siouxland Mental Health Center also provided 107 Face to Face events introducing or educating 1,332 people about mental health issues 550,000 impressions about mental health on digital media.

DROP IN CENTER SERVICES:

The Rolling Hills Community Services Region provided block grant dollars to Plains Area Mental Health Center in the amount of \$65,000 in FY'20-21 for the operational expenses of two Peer-Run Drop-In Centers.

One of the Drop-in Centers is located in Carroll and total of 1252 client visits to the center for the year with a monthly average of 104. There were also 4 new members during the year.

At the Den in Denison, there was a total of 568 attendees from July 2020-June 2021. The average was 47 per month. There was 1 new attendee to the program.

Client Testimonials:

"I like The Clubhouse because I can socialize and do activities with other people, I like cards, watching TV, puzzles and other things we do." ~ Dave W

"I enjoy The Clubhouse because it gets me out of my apartment into fun interaction with others" ~ Mike K

"I love coming to The Den because I get good support with how things are going and what I should do" ~ Emily D

"I like The Den because we can come in and talk about things and not be afraid, we know it will stay here" ~ Karen W

Rolling Hills also provided block grant dollars in the amount of \$214,131 to Siouxland Mental Health Center to offer Drop-In Center services at the Friendship House in Sioux City. There were 2,016 social club visits provided with 118 unduplicated clients.

Client Testimonials:

I like doing activities and crafts. At home I would just sit in front of the TV.

This gives me a reason to get out of bed. I might just stay there all day if I couldn't come here.

I tell people they should come so they can do groups and learn more about their illness. If you learn about it you can manage it better.

People here care about me and can relate to what I am going through.

It's different than other places because people have some of the same struggles as me.

I can talk about my mental health and I don't feel awkward, people don't look down on me for having really bad anxiety.

This gives me somewhere to go when I feel like I don't belong anywhere else.

When I come here my symptoms aren't as bad as when I isolate.

I would be lost without Friendship House.

CRISIS SERVICE ACCESS:

The Rolling Hills Community Services Region provided block grant dollars to Plains Area Mental Health Center in the amount of \$268,830 in FY'21 for crisis services to be provided throughout the region. This fee covers the following:

1. 24 hour Crisis Response
2. Emergency Service Access
 - a. Same day walk-in emergency/crisis prevention
 - b. Crisis Coordination/hospitalization assistance when appropriate
 - c. Crisis diversion/management
 - d. Crisis Evaluation
3. 24 Hour Crisis Hotline
4. Crisis Services Coordination
 - a. Responsible for coordinating and assisting with the implementation of all core services.

PLAINS AREA MENTAL HEALTH CENTER MOBILE CRISIS ASSESSMENT TEAM SERVICES:

34 calls received from July 2020-June 2021

Outcome		Percentage		
Home	24	Remained home or in placement		79%
Remained in jail	3	Turning Point CSRS		0.03%
Turning Point	1	Higher level of care		18%
Referred to Quakerdale	1			
Hospital	5			

Siouxland Mental Health Center partners with Plains Area Mental Health to provide MCAT services in Woodbury County. 100 visits were provided to 92 unduplicated clients.

Client Testimonials:

Mobile Crisis Assessment Team received the Sioux City Police Department Chief's Gratitude Award for services in May 2021.

A mother expressed gratitude to the MCAT for encouraging her loved one to engage in medical and mental health support when the loved one refused her support.

Client expressed to MCAT staff in 24 hour follow-up that without intervention, individual would have followed through with completing suicide. Client expresses gratitude and thanks for the support.

Rolling Hills also provided a block grant to Siouxland Mental Health Center in the amount of \$1,258,351 in FY'21 for crisis services to be provided in Woodbury County. This fee funded 24 hour Crisis Response, Crisis Evaluations, 23 Hour Observation Services Crisis Stabilization Residential Services, Mobile Crisis and 24 Hour Assessments. The following number of crisis services were provided by Siouxland Mental Health Center:

Crisis Service – Walk-ins	205 walk-in appointment consisting of 136.08 hours of crisis services
After Hour phone calls	248 after hours phone calls consisting of 50.35 hours of crisis services
Same Day Access:	1,711 Same Day Access services provided to new unduplicated clients

Siouxland Mental Health also provided the following services through a Rolling Hills block grant in the amount of \$431,155 for the following services:

Med Management	8,715 appointments with 2836 unduplicated clients
Services with the individual present provided by an appropriately licensed professional as authorized by Iowa law including, but not limited to, determining how the medication is	

<p>affecting the individual; determining any drug interactions or adverse drug effects on the individual; determining the proper dosage level; and prescribing medication for the individual for the period of time before the individual is seen again. AND Medication management - services provided directly to or on behalf of the individual by a licensed professional as authorized by Iowa law including, but not limited to, monitoring effectiveness of and compliance with a medication regimen; coordination with care providers; investigating potentially negative or unintended psychopharmacologic or medical interactions; reviewing laboratory reports; and activities pursuant to licensed prescriber orders. Includes Nurse Care Management.</p>	
<p>Project Compass</p> <p>Case Management Services to individuals incarcerated within the Woodbury County Jail identified as having a Serious Mental Health Disorder in conjunction with the Woodbury County Sheriff's Office and the Third Judicial District of Iowa.</p>	<p># of Individuals Identified/Flagged by Project Compass: 143 21 additional referred by others (attorneys) 164 total # of Individual Denied for the Program: 55 # of Individuals Accepted for the Program: 27 # of Individual Dropped (after accepted into MH court): 10 # of Individuals Successful Completion: 13</p> <p>Range of time in the program is 8-13 months depending on the level of charges pending.</p>
<p>School Based Therapeutic Services</p> <p>Services provided in a school setting that are designed to prevent, halt, control, relieve or reverse symptoms or condition which interfere with the normal physiological functioning of the human body.</p>	<p>2,622 individual appointments to 186 unduplicated school aged children in 14 different schools and 150 hours of mental health support and education provided to school staff.</p>

Project Compass Testimonial 10.5.21

This testimonial of *Project Compass* is my own personal view and experience, and does not reflect the views and experiences of other members within the program.

After many years of struggling with addiction and mental health issues, I landed in the Woodbury county system in February of this year. I was offered this program by the judge instead of the alternative, which was jail time. Of course, I immediately accepted this generous offer as most probably would in my position. Not knowing what *Project Compass* was exactly, I was hesitant, and a bit skeptical as I have been in other programs through the years with not much success. This program isn't for everyone. You will be accepted based on your willingness to participate and must put forth the efforts of recovery in order to continue the program. At first the meetings were pretty short, maybe 30-45 minutes but were well structured and to the point. The program staff members take a no nonsense approach, and will help you in any way, but you must put the work in in order to continue. At first (1-2 weeks), I didn't know what the point was. Was this AA? What could Compass possibly inform or teach me that I hadn't already heard many times during my years of struggle? Well, my questions were answered after understanding what the program is and what it does for it's members. Simply put, it's a "doorway" to other closely linked programs throughout the area that help its members go through specific steps of recovery and treatment. *Project Compass* is the liaison that guides its members to not only gain access to itself, but to the other much needed subsidiary programs that fill in the gaps of recovery based on each individual case. After realizing the benefit of having a community linked "guided" road map to my own personal recovery given to me, I quickly became more accepting and eager to participate as I now have the steps and routine that I didn't before. Not everyone will be accepted into this much needed program until they are willing to make a personal change for the better, and for those who wish not to choose incarceration as the alternative. This program is indeed a "voluntary" option, but I feel in my case it was the ONLY option. Im not only glad I was given this option, I am also very grateful for the opportunity it has given me for my own personal growth. My only regret, is not finding the program sooner.

CE

9 month member

I attended project compass in the year 2020 at Sioulard mental health. The year 2020 was a very difficult year for my family as well as myself, we experienced the loss of my 29 year old daughter, as well as a worker of mine who passed due to covid-19. I was ordered to project compass because of a domestic charge 5 years prior. The staff as well as my group were very compassionate to each other and to myself in such a difficult time. Project compass proved to be like a blessing to me at such a tough time in my life. I strongly recommend project compass for the nonjudgemental therapy and compassion everyone shows. At 61 years old I learned a lot that changed my life forever.

Thank you! Sioulard
Mental Health. Thankyou!
Haley

Steve Kuratz

Plains Area Mental Health Center also provides Crisis Stabilization Residential Services in a home-like setting in Sac City, IA. The following table lists the statistics, outcomes and a client testimonial regarding the effectiveness of the program.

Crisis Home Stats Fiscal Year 20-21	Total
Clients Served:	69
Male	29
Female	40

Average Length of Stay	3 days
Diagnosis Served	Major Depressive Disorder
	Generalized Anxiety Disorder
	Posttraumatic Stress Disorder
	Schizophrenia/Schizoaffective
	Adjustment Disorder
	Bipolar 1
	Dissociative Identity Disorder
Co-Occurring Diagnosis	24
Established Psychiatric Services on Admit	57
Referral Requested for Psychiatric Services on Discharge	12
Established Primary Care Provider on Admit	68
Referral Requested for Primary Care on Admit	1
Completed Program Successfully	64
Client comments	
<i>"A safe place to heal and get help"</i>	
<i>"The privacy to work through things at my own speed"</i>	
<i>"The staff is amazing and are prompt at getting things I needed. Always happy to be here and so thankful for these services"</i>	

<i>"The staff are kind and helpful and care about how you feel"</i>
<i>"Comfortable, helpful and very clean; best experience yet"</i>
<i>"It is open anytime to anyone in need and you are treated as a human"</i>
<i>"It was a safe and quiet place to reflect and feel better"</i>

Assessment and Stabilization Center Services – Siouxland Mental Health Center

Observation services: Observation services provided to 77 unduplicated clients

Stabilization services: 321 stabilization days provided to 104 unduplicated clients

Client Testimonials:

1. "This place has been amazing. I feel so blessed that this facility is available. The staff and everyone else were so helpful, understanding, and awesome. I'm very thankful for all of you. "
2. "You all are very caring! My stay went VERY well! Thank you so much for EVERYTHING! Peace love and faith! "
3. "The staff was very friendly. They made sure I was comfortable and made sure I didn't feel alone. I am very thankful for everything they did. "
4. "I was comforted and at ease to be at Sioux Rivers and staff was excellent. Top notch! Would highly recommend to anyone that needs services. I was definitely stabilized and re-centered on my path of life."

TELEHEALTH SERVICES

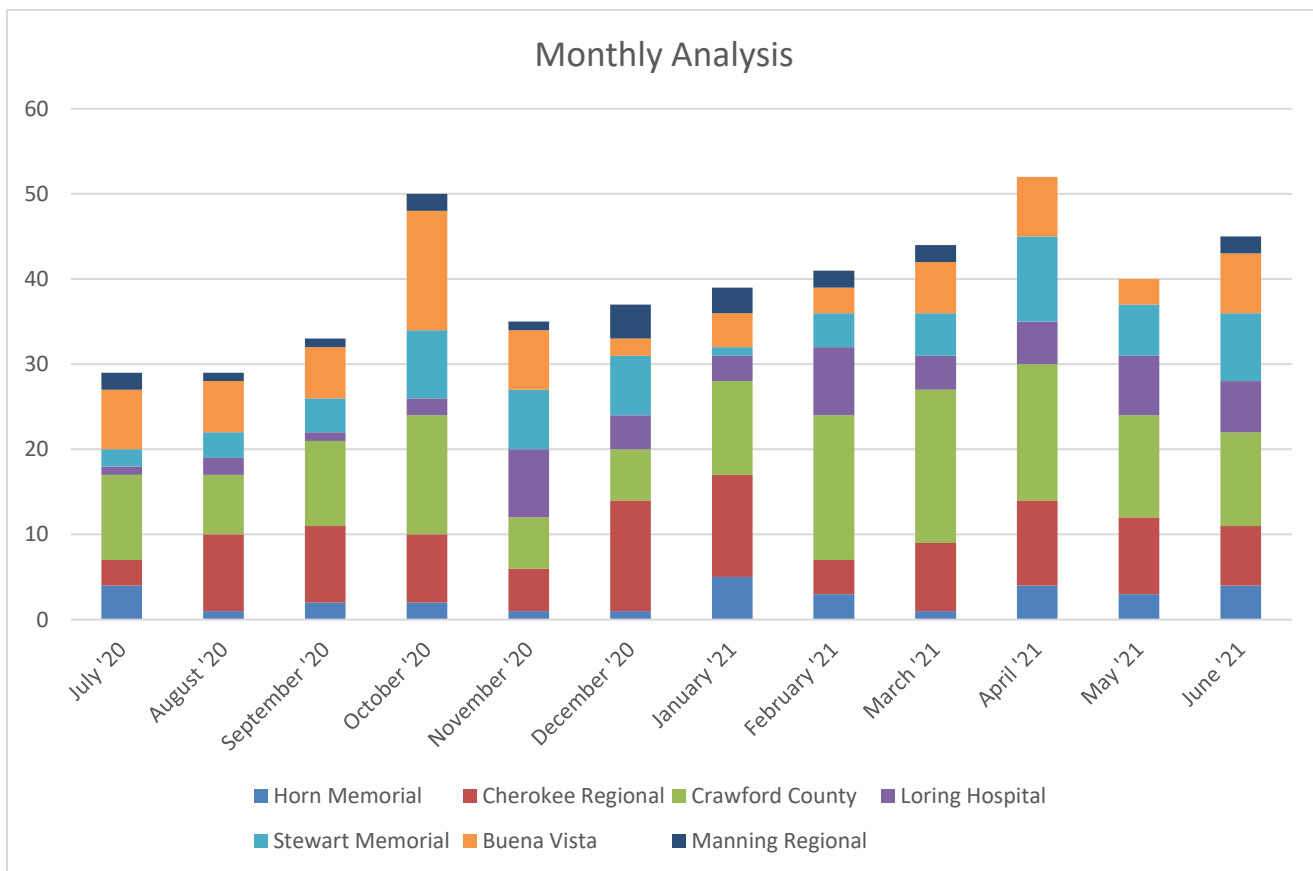
In October 2017, the Rolling Hills Region contracted with Integrated Telehealth Partners (ITP) to provide psychiatric evaluations within our Emergency Departments and Jails. Data provided by ITP for Fiscal Year 2021:

FISCAL YEAR '21

FOR: Rolling Hills Region

- Status: ED Services
- Status: Jail Services

County	Hospital Emergency Department	Updates
Ida	Horn Memorial Hospital	Live
Cherokee	Cherokee Regional Medical Center	Live
Buena Vista	Buena Vista Regional Medical Center	Live
Carroll	St. Anthony's Regional Hospital	Not Participating
Carroll	Manning Regional Healthcare Center	Live
Sac	Loring Hospital	Live
Crawford	Crawford County Memorial Hospital	Live
Calhoun	Stewart Memorial County Hospital	Live



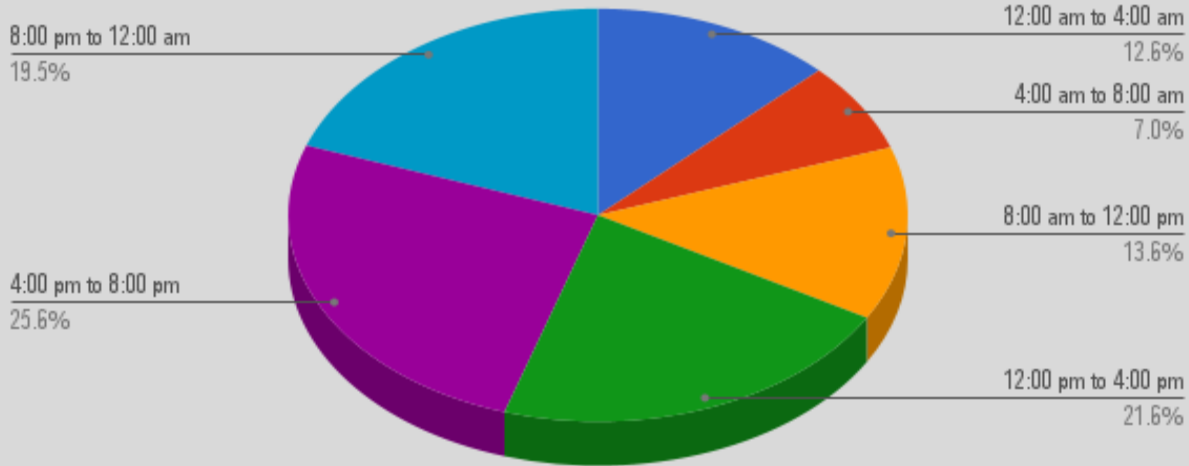
Hospital	Affiliation	Region	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Horn Memorial Hospital		Rolling Hills	4	1	2	2	1	1	5	3	1	4	3	4
Cherokee Regional Medical Center	UnityPoint	Rolling Hills	3	9	9	8	5	13	12	4	8	10	9	7
Crawford County Memorial Hospital	Mercy	Rolling Hills	10	7	10	14	6	6	11	17	18	16	12	11
Loring Hospital	UnityPoint	Rolling Hills	1	2	1	2	8	4	3	8	4	5	7	6
Stewart Memorial Community Hospital	UnityPoint	Rolling Hills	2	3	4	8	7	7	1	4	5	10	6	8
Buena Vista Regional Medical Center	UnityPoint	Rolling Hills	7	6	6	14	7	2	4	3	6	7	3	7
Manning Regional Healthcare Center	Mercy	Rolling Hills	2	1	1	2	1	4	3	2	2	0	0	2

Total Cases = 473

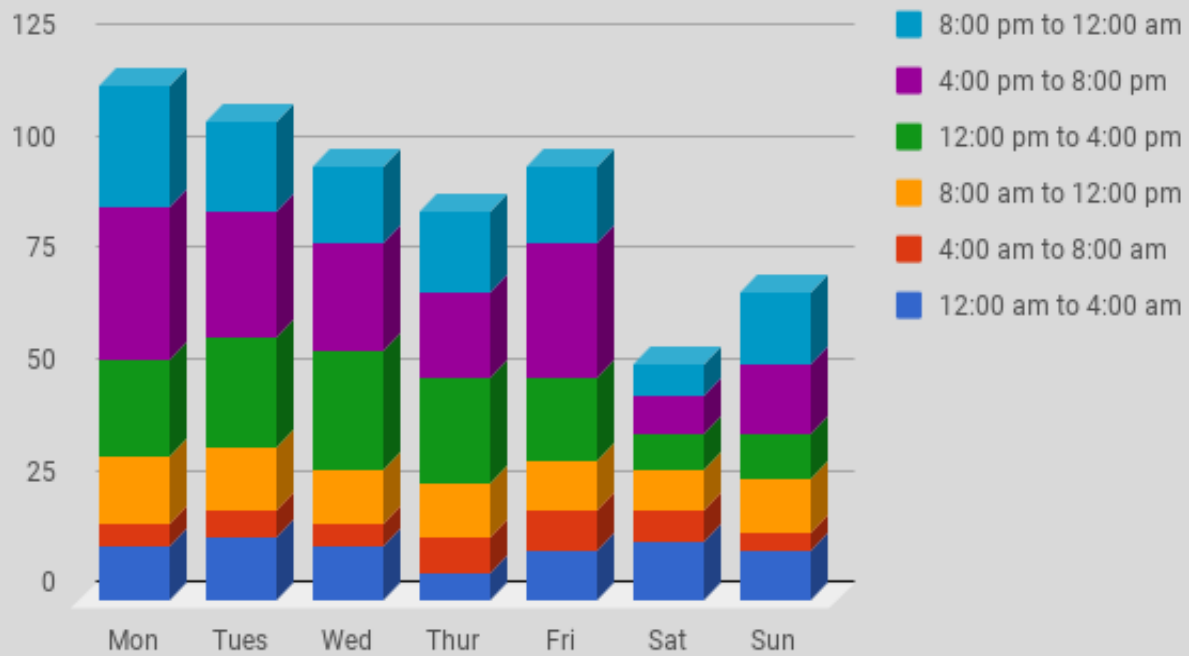
Total Cases	473	Percentage
Mental Health Inpatient	203	42.92%
Mental Health Outpatient	205	43.34%
Substance Abuse Outpatient	18	3.81%
Discharged Home/Long Term Care	13	2.75%
Phone Consult	1	0.21%
Crisis Stabilization	9	1.90%
Substance Abuse Residential	6	1.27%
Discharged-Other	5	1.06%
Left AMA	3	0.63%
Transfer to Medical Facility	5	1.06%
Discharged Back To Facility	3	0.63%
Discharged Jail	2	0.42%

Median Placement	3.36	Hours
-------------------------	------	-------

Initial Call to ITP



Day and Time Called



Age Range

Greater Than 55 yo.

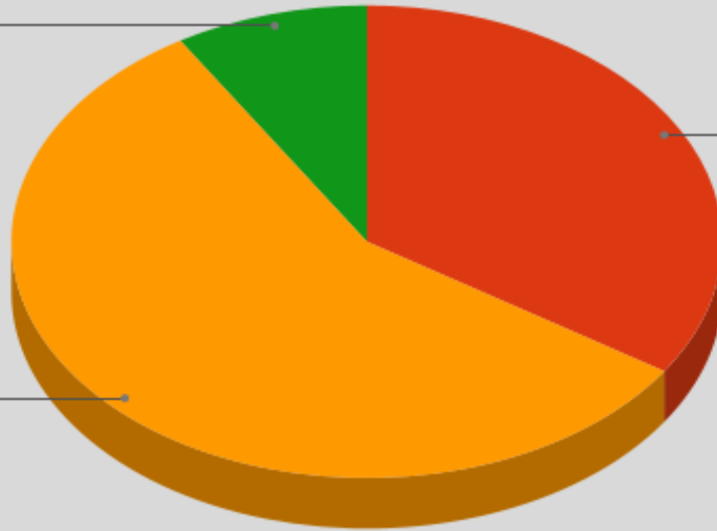
8.8%

18-55 yo.

57.0%

Less Than 18 yo.

34.2%



County Jail Services:

Jail Usage: 120 Cases

County		Type	Jul-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-20	Jan-21	Feb-21	Mar-21	Apr-21	May-21	Jun-21
Rolling Hills-	Carroll	90792	0	0	1	0	0	2	1	1	1	1	0	0
		99214	0	0	0	0	0	0	2	0	2	0	0	0
	Cherokee	90792	0	0	0	1	0	0	0	0	0	0	0	0
		99214	0	0	0	0	0	0	0	0	0	0	0	0
	Buena Vista	90792	0	0	0	0	0	0	0	0	0	0	0	0
		99214	0	0	0	0	0	0	0	0	0	0	0	0
	Sac	90792	0	0	1	2	0	3	1	1	0	0	1	1
		99214	1	2	0	0	1	3	3	1	0	0	0	0
	Calhoun	90792												
		99214												
	Ida	90792	0	0	0	1	0	2	1	0	0	1	0	1
		99214	0	0	0	0	0	0	0	1	0	0	0	0

JAIL DIVERSION DATA / JUSTICE SYSTEM INVOLVED SERVICES

The Coordinators of Disability Services have been providing Justice Involved Service Coordination in the six county jails since July 2016 and now have expanded this service into the Woodbury County jail as well. While the program began with the intention of providing post booking Jail Diversion, it has become evident that in many cases the Coordinators are providing Jail based Social Services whereby assessing an individual's needs for additional services, supports, mental health and substance abuse treatment services. There have been cases where individuals have not been diverted from prison, however overall ongoing communication and service coordination upon an individual's release from Jail has been a vital link to needed services that may not have been accessed without it.

Woodbury Jail Coordination Statistics:

Referrals from WC Jail: 55

Referrals from Prison 2

Total Referrals 57

Released before visit	22
Posted Bail before Referral	2
Refused/Denied Services	6
Went to Prison	3
Transferred to another Jail	3
Transferred to RTF	4
Transferred to Hospital/Court Commit	3
Transferred to Cherokee MHI then to RCF	1
Referral/Placement to Stepping Stones	3
Transferred/Moved to a Hab Home	1
Transferred/Moved to Lila Mae's House	1
Transferred to Inpatient SA Treatment	1
Referral/Appointment made to SMH	4
Referred to SOAR	1
Moved to another County/State	2

Co-VID played a large part in the low number of visits made to the Woodbury County Jail from 7/20 - 3/21.

An area of difficulty is trying to get inmates connected with a substance abuse evaluation to determine need for further treatment in an effort to get out of jail or to begin services once they are released. We have been in contact with Jennifer Jackson, Heartland of Iowa, and she showed interested and would like to meet to discuss further details.

An area of need is the number/availability of Transitional Living beds. The majority of Jail Diversion referrals suffer from mental health, substance abuse and homelessness. Stepping Stones Transitional Living has been a very successful program for those inmates who want the help. Without a transitional program inmates end up getting released back to the streets, stop taking their medications, start using again and the vicious cycle starts all over, no matter how many services we wrap around them.

Sac/Calhoun Jail Coordination Statistics:

Total referrals 33

Prison	1
--------	---

Out of Prison	0
---------------	---

Release before visit	9
----------------------	---

Turning Point	0
---------------	---

Stepping Stones	0
-----------------	---

RTF	3
-----	---

Transfers to other jails	0 (that I am aware of)
--------------------------	------------------------

Nursing homes	0
---------------	---

Homeless Shelters	1
-------------------	---

Provided resources (including inpatient and outpatient treatment)	10
---	----

MH Evaluations	2
----------------	---

SA Evaluations	5
----------------	---

Refused services	6
------------------	---

MCAT referral	1
---------------	---

Placed in CMHI	1
----------------	---

Placed in Inpt.	4
-----------------	---

Calhoun started sending the people they arrested to Carroll County mid-way through the year and few referrals have come from that jail for Calhoun residents.

Co-VID also played a part in the low number of referrals in the jails. It also seems that it was more difficult to get people into prison/RTF's, etc. so they did time in county jail.

Buena Vista/Cherokee Jail Coordination Statistics:

# of referrals	28
Prison	0
Out of Prison	0
Release before visit	10
Turning Point	0
Stepping Stones	1
RTF	3
Transfers to other jails	4
Nursing homes	0
Homeless Shelters	0
Provided resources (including inpatient and outpatient treatment)	6
Evaluations	2
Refused services	2

Parole/Probation officers seem to be a high referral for individuals in jail. These referrals are not going through the set process through the jails but the intent is to work with them as closely as possible to achieve good outcomes for people who are incarcerated with mental health and substance use disorders. An area of difficulty has come in trying to get people connected with a substance abuse evaluation to determine need for further treatment in an effort to get out of jail or to begin services once they are released.

Co-VID played a large part in the low number of referrals in the jails. Both Buena Vista and Cherokee had limited access to inmates during the time.

Carroll/Crawford/Ida Jail Coordination Statistics:

# of referrals	61
Prison	5 (Coordinator worked with individuals while in the jails however, they went to prison based on their charges)
Out of Prison	3
Release before visit	12
Turning Point	2
Stepping Stones	2

RTF	2
Transfers to other jails	4
Nursing homes	0
Homeless Shelters	8

Carroll/Buena Vista Jail Coordination Statistics:

Total referrals – 46

Total visits – 22

Released before being seen 24

Not interested in the program or didn't follow through after released – 12

PREVENTION/EDUCATION/EARLY IDENTIFICATION/EARLY INTERVENTION PER AGENCY REPORTING

During Fiscal Year 2019-2020, Rolling Hills conducted research into the activities provided by our Children's providers for Prevention, Education, Early Identification and Early Intervention. It was evident that there are numerous activities in these areas being provided by multiple agencies across the Region. Below is a small sampling as submitted by a few of our Childrens' providers to demonstrate their efforts.

CRITTENTON CENTER: Intervention services for HOPES program in which we complete developmental screenings called Ages and Stages Screenings (Ages and Stages Social Emotional skills) on target children in the home. These can be completed on other children if there are concerns. These assessments are completed about every 2 months up until the child reaches 60 months of age. If a child scored in the black on the screening, then the worker will give the family activities to work on to improve for the next visit. The worker will re-screen and see if there is improvement. If the child continues to score in the black, the worker will refer to either the child's Dr, Child Health Specialty Clinic, AEA or any other appropriate mental health service.

HOPES also completes EPDS- Edinburgh Postnatal Depression Scale. These are done prenatally as well as when the baby is 2 weeks, and then again at 3, 6, 9 and 12 months. If a mother scores high, then a referral will be made for the mom to call her Physician or other appropriate mental health resource.

Referrals are commonly made; however, we give mom the resources and it is up to mom to follow-up on using those resources. We help as much as we can as long as releases are signed but our program is 100% voluntary and sometimes parents don't utilize the resources available to them as it is their choice.

We also do Ages and Stages in our childcare programs within the first 4 weeks of enrollment. It is completed by our staff or by the child's caregiver. This process, along with the day-to-day observations of the child's interactions allow us to

obtain the caregiver or DHS permission for early intervention specialists from AEA to come in and conduct further assessments.

SEASONS CENTER:

Prevention and Education Activities July 1, 2020- June 30, 2021

Self-Care & Coping Strategies Training for South Calhoun CSD	8/21/2020
We Are Family Foster & Adoptive Summit Day 1	9/14/2020
We Are Family Foster & Adoptive Summit Day 2	9/21/2020
Mental Health First Aid for BriariCliff	10/30/2020
Tuesday Club	11/18/2020
Mental Health First Aid	11/23/2020
Client Self-Care Resource Bags	11/30/2020
Treat Tray Thank You's	12/10/2020
Mental Health First Aid for BVU	1/14/2021
Trauma Training for New Opportunities, Inc.	2/25/2021
Early Headstart Meeting Parent Meeting	2/25/2021
QPR w/ First United Methodist Church	3/1/2021
Treat Tray Thank You's	6/21/2021

NORTHWEST AEA:

Early Identification (services)	Early Intervention (services)
<p>Roles that support early identification on a daily basis:</p> <p>Early Childhood Consultants Special Education Strategists</p>	<p>Early ACCESS is the system implemented by the state of Iowa to serve children from birth to age three, who have either a developmental delay, or have a condition that has a high probability of later delays if early intervention services are not provided. Eligible children and their families receive service coordination to assist them in accessing the services and supports they need.</p>

	<p>Professionals with training and expertise in special education services implement the federal Individuals with Disabilities Education Act, Part B and support the educational needs of young children and families, three to five years of age. Early childhood special education professionals provide training and serve as a resource to early childhood special education teachers in public schools, early childhood providers in community settings such as preschool, child care and Head Start programs to meet the developmental learning needs of young children.</p> <p>Iowa's AEAs (AEA) are responsible for providing general supervision of special education in accordance with the requirements of the Individuals With Disabilities Education Act (IDEA), the Iowa Administrative Rules of Special Education (IAC Chapter 41) and Iowa Code Chapter 256B.</p> <p>Iowa's AEAs serve students from birth to the age of 21. The eligibility requirements for children to receive services differ depending on the age of the child. In all cases, however, services are free and are based on eligibility and need.</p>
Prevention	Education Services/Activities
Youth Mental Health First Aid Aug. 7, 2020 Aug. 11, 2020 Aug. 19, 2020 Aug. 20, 2020 Sept. 21, 2020 Oct. 23, 2020 Nov. 30, 2020 Dec. 9, 2020 Feb. 11, 2021 Feb. 15, 2021 Mar. 9, 2021 Mar. 31, 2021 Apr. 8, 2021 June 1, 2021 June 9, 2021	Suicide Risk Assessment Jan. 25, 2021

Educator Self-Care (Adult Resilience Curriculum) & Tina Boogren, Take Time for You Nov. 3, 10, 17 & Dec. 8, 2020 Jan. 7, 14, Feb. 4, & 18, 2021 Feb. 17, 2021 Mar. 11, 2021 Apr. 14, 2021	Standard Response Protocol
Social-Emotional-Behavioral Training/Coaching (universal level Tier 1) - includes schoolwide PBIS Nov. 17, 2020 Jan. 20, 2021 Jan. 21, 2021 Feb. 16, 2021 Mar. 4, 2021 Mar. 16, 2021 Apr. 6, 2021 Apr. 20, 2021 May 13, 2021 June 1, 2021	Specially Designed Instruction for Behavior
Social-Emotional-Behavioral Training/Coaching (targeted level Tier 2) - includes schoolwide PBIS	Classroom Systems & Strategies
Early Childhood PBIS	Take Time for You - Leadership series
Foundational Restorative Practices	
Strengthening & Sustaining through the Interconnected Systems Framework (Tiers 1 & 2)	
Building Strong Brains	
De-escalation Training	